



(CPD) SHORT COURSES FOR QUALIFIED & TRAINEE COUNSELLORS

- **INTRODUCTION TO BODY LANGUAGE 1 DAY COURSE SATURDAY
17TH SEPT 2016 £55**
- **CREATIVE TRAINING FOR PROFESSIONALS 1 DAY COURSE
SATURDAY 8TH OCT 2016 £125**
- **BEREAVEMENT TRAINING FOR PROFESSIONALS 2 DAY COURSE
SATURDAY 29TH & SUNDAY 30TH OCT 2016 £200**
- **HEALTH & SAFETY 1 DAY COURSE SATURDAY 3RD DEC 2016 £85**
- **MANAGING CHALLENGING BEHAVIOUR 1 DAY COURSE
SATURDAY 17TH DEC 2016 £85**

Courses will run from the exploringU centre for well-being in Sudbury & Bury St Edmunds: PLEASE COMPLETE A BOOKING FORM TO SECURE YOUR PLACE.

Registered in England & Wales: company number 6744419. Registered Office Address: 1ST Centre: The exploringU centre for well-being The Old Press Rooms, 54 Station Road, Sudbury, Suffolk CO10 2SP

2ND Centre: The exploringU centre for well-being 88-89 St Johns Street, Bury St Edmunds, 1P33 1SQ
Tel: 01787 829141 Out of office: 07841 979450

Website: www.exploringUcounselling.co.uk Website: www.exploringUcentreforwellbeing.co.uk Email: info@exploringUcounselling.co.uk

Members of the (MBACP) British Association for Counselling & Psychotherapy for good practice.





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- **DIGNITY & RESPECTING OTHERS 1 DAY COURSE SATURDAY 7TH JAN 2017 2016 £85**
- **SAFEGUARDING VULNERABLE ADULTS & CHILDREN 1 DAY SATURDAY 21ST JAN 2017 £85**
- **UNDERSTANDING CONFIDENTIALITY 1 DAY COURSE SATURDAY 4TH FEB 2017 £85**
- **COMMUNICATION SKILLS, LEARNING HOW TO TALK TO OTHERS 1 DAY COURSE SATURDAY 18TH FEB 2017 £85**
- **UNDERSTANDING POLICY & PROCEDURES 1 DAY COURSE SATURDAY 4TH MARCH 2017 £85**
- **CONFIDENCE AND SELF-ESTEEM COURSE 1 DAY COURSE SATURDAY 18TH MARCH 2017 £85**
- **TEAM BUILDING 1 DAY TRAINING COURSE SATURDAY 1ST APRIL 2017 £85**

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